

Complete Bridal Beauty

Beauty Regime Tips

- Every bride dreams of looking like a princess on her wedding day, by planning your beauty needs in advance, you will emerge on the day, picture perfect.
- As weddings can be stressful to everyone concerned, especially the bride-to-be, it is a good idea to begin a beauty regime at least 3 months before the big day. (Preferably not the week before!)
- Start with the basics of cleansing and moisturising daily, with fortnightly/monthly deep cleansing and exfoliation, to keep your skin blemish free.
- Even more basic, try to drink at least 6-8 glasses of water per day. The hydration will give your complexion a healthy glow.
- Start to look at what makeup styles you like. Professional makeup can be subtle and natural looking, it is just finding the correct look and style that is ideal for you.
- At approximately 3 to 6 months before, book a consultation or trial with a make up artist to discuss your personal requirements and that of your bridal party.
- A few days before the wedding, book yourself in with a nail technician or manicurist to beautify your hands as well as your feet as these are often overlooked. Nail enhancements have come a long way and no longer damage your natural nails if applied correctly. Choose from temporary tips or acrylic in your choice of colour, or try permanent French which looks great for brides. If nail enhancements are not your choice, then opt for a French manicure so your hands look elegant for the photos.
- Don't neglect your feet. A French pedicure is popular with brides, and a deluxe spa pedicure will leave your feet looking fabulous. Combine all of this with a complete body massage, and you will be completely relaxed from head to toe.

Photo by Martin Davidson

Hair & Makeup by Tanya Settineri on behalf of MACWA

Fascinator by Helen