

To Suit Your Body Shape

The Hourglass

DESCRIPTION - A curvy figure with full bust and hips and a narrow waist.

LOOK FOR - Simple classic styles. Strapless and V-necklines to emphasise shapeliness

AVOID - High necklines that cover shoulders and hides your bust. Fullness in the skirt matched with a heavily detailed bodice as this will make you appear heavier.

The Rectangle

DESCRIPTION - Arms and legs are slim and the bust and hips are almost the same with very little waist definition.

LOOK FOR - Full skirts with jewel encrusted necklines to create the illusion of a defined waistline. Gowns with pleating and tucks to give more width and help create curves.

AVOID - Slim, soft clingy gowns as they will make you appear narrow. Detailed areas of the gown on top or bottom only - should be on both to give the appearance of balance.

The Triangle

DESCRIPTION - Smaller on the top half of the body and larger at the bottom around the hips and buttocks.

LOOK FOR - Elongated bodices and full skirts to emphasise the waist and de-emphasise the hips. Textured bodices to add volume.

AVOID - Any gowns that are body hugging.

The Inverted Triangle

DESCRIPTION - The same as the Triangle, except flipped upside down making the upper body the heavier part.

LOOK FOR - Simple sleeves, natural shoulder and necklines and simple bodices. Full and controlled skirts to achieve balance.

AVOID - Too detailed bodices. Slim/straight skirts and lowcut necklines.